A typical day at CASS

In the morning

When we arrive our parent signs us in at the door and we hang out coats & bags up, then we go into the hall. There are ride-on toys & spongy footballs out, crafty activities on a table at one side & board games at the other side. Sometimes there’s things in the little side rooms to do, like building blocks & books to read. It changes every day, but there’s always something we want to do & we can even ask to get something different out. We play with whichever children come along, there’s always an adult around to help us. There’s always toast for anyone who wants it, or you can have all your breakfast there: cereal and toast. Sometimes we have to tidy up, put everything in the side rooms; other days we leave everything out for after school.

At about 8.15 we get a hi-vis jacket & put our coats on & get our bags. Each group sets off with their own member of staff at the right time for their school. We walk to school together & wait together until the doors open. The member of staff takes our hi-vis jackets back when she leaves.

After school

The staff comes into school with a list of who they are collecting and meets us from our classrooms. They check we have everyone; we put on our hi-vis jackets and walk together to CASS. When we arrive we hang up our coats & bags, give our hi-vis jackets back and wash our hands. We go straight to the table for a snack: there’s always fruit, sometimes crackers. Sometimes they ask us in the morning what kind of snacks we should have after school. When more children arrive then we get toast – we can choose from things like jam, honey, Marmite, chocolate spread. We sit around the table & can pour ourselves a drink of juice, water or sometimes milk or even a cup of tea. When we’re finished we put our cups & plates in the washing up bowl on the table. Then we play! At about 4pm there’s a tuck shop. You’re allowed 20p per day and you can have raisins, cereal bars, iced lollies, marshmallows and yoghurt-coated raisins. Tuck shop is good value!

In the summer it’s brilliant because we get to go in the garden or in small groups to the wooden playground at the front. We play football and tig. In the garage there are loads of cool toys like stepping stones, skipping ropes, scooters and bikes. There’s also a sand pit with toys in it and a tree house. Sometimes we have water fights if it’s really hot weather. The adults at CASS know lots of good games.

If you have a swimming lesson or another activity, the staff take you there at the right time. If you finish school late, like after a club, they will come and collect you at the right time.

When our parents come they sign us out by the door and we go home.